

# GATEHOUSE OF FLEET COMMUNITY COUNCIL

Gatehouse is a resilient community but these are worrying times for everyone. Try to stay calm and be supportive to others in the community. Make sure you get your neighbour's telephone number and check regularly how they are doing. If you can safely help them with shopping, prescriptions etc. please do so, but do not put yourself at risk of exposure to the virus. Wash your hands regularly keep at least 2 metres distance and avoid touching shared surfaces. Support our local businesses if you can.

Lets all be positive, stay healthy and pull together during this challenging time.

23 March 2020

## USEFUL TELEPHONE NUMBERS DURING COVID-19 EMERGENCY

### COMMUNITY COUNCIL HELPLINE

**Tel: 01557 520377**

For assistance e.g. shopping collection, prescription collection, someone to talk to, dog walkers, form fillers etc. Open from 10am-6pm

### NHS CONTACTS

For up-to date information:

**NHS Facebook:** [facebook.com/NHSDG](https://www.facebook.com/NHSDG)

**NHS Inform:** Tel: 0800 22 44 88

[www.nhs.uk/conditions/covid-19/](https://www.nhs.uk/conditions/covid-19/)

If unwell, call:

**DOCTOR: Gatehouse Surgery**

**PLEASE PHONE FIRST - DO NOT TURN UP**

Tel: 01557 814437

if closed, call NHS24 on 111 In Emergency 999

Surgery E-mail: [dq.kbtclin@nhs.net](mailto:dq.kbtclin@nhs.net)

**PHARMACY: Boots the Chemist**

Tel: 01557 814210 Closed 12 - 2pm to allow the staff to catch up with preparing prescriptions.

### CHURCHES:

**Church of Scotland** Tel: 01557 814233

**St Mary's Episcopal** Tel: 01557 620132

**Roman Catholic** Tel: 01557 330687

**Community Church** Tel: 07712 090535

### YOUTH HOTLINE TELEPHONE NUMBERS:

**TGB:** Tel: 07907 807062 2pm - 4pm

**Drop In:** Tel: 07395 931476 6pm - 8pm

### CITIZENS ADVICE BUREAU

Tel: 0300 303 4321

### FOOD OUTLETS

**Spar** Tel: 01557 815050

**Post Office/Gatehouse Store** Tel: 01557 814811  
Tel: 01557 814783

### TAKE-AWAY FOOD AND DELIVERIES:

**Crafty Crow** Tel: 01557 814000  
[thecraftycrow.co.uk](https://www.thecraftycrow.co.uk) Closed Mon/Tues

**Galloway Lodge** Tel: 01557 814001  
[www.facebook.com/gallowaylodge](https://www.facebook.com/gallowaylodge)

**No.1 Fleet Street** Tel: 01557 814217

**Fleet Fish** Tel: 07966 103912  
[www.fleetfish.co.uk/contact-us](https://www.fleetfish.co.uk/contact-us)

**Meals on Wheels: N.B. Over 70's only**  
Tel: 01557 814425

**Food Bank** Contact local church number (see Churches)

**Gatehouse Bunker Emergency Food Packs**  
Tel: 07850 773181

### MEDIA:

BBC Scotland TV; Border TV;

Radio bulletins: BBC Radio Scotland; Westsound

Updates to the information in this document will be posted on a variety of platforms:

**Covid 19 Community Help Group**  
**Gatehouse of Fleet**

[www.facebook.com/groups/2614921332073630/](https://www.facebook.com/groups/2614921332073630/)

Community website:

**[www.gatehouse-of-fleet.co.uk](http://www.gatehouse-of-fleet.co.uk)**